



www.ggha.com

Guelph Girls Hockey

2025-2026 Local League

September Newsletter 2025

Welcome to the 2025-2026 Season!

To everyone that is returning to the GGHA – welcome back! And to all the new girls, we look forward to getting to know you and we'd like to welcome you to the GGHA family.

In this welcome letter, you will find some important information for the start of the season.



If you have any questions, feel free to contact us and we will be happy to help.



Contact Us

Phone/Text:
519-362-6342

Email:
info@ggha.com
house@ggha.com
www.ggha.com

Birth Certificates:

New to the Guelph Girls Hockey? The Ontario Women's Hockey Association (OWHA) requires that all players present their birth certificate. **If this is your first year with the GGHA,** please either send a copy of your daughter's birth certificate to the registrar (registrar@ggha.com) or bring a copy to the first session.

www.ggha.com

Website:

Please visit our website frequently for updates and information on the season.

Subscribe to the calendar and add it to your phone, you will get automatic schedule updates for all your daughters team's practices and games. **Click here to Subscribe**

Protective Equipment:

Click here for the required on-ice protective gear. GGHA Players will receive their jerseys and socks in time for their first game.

Try-A-Goalie Session

Sept. 20 and 27th@ 4:00 pm at Exhibition arena for interested players. We can provide equipment.

go to the GGHA website for more details on how to register.

KGLL Local League Program

Program Introduction

KGLL Local League is a community-oriented hockey program structured to provide development and competition at a recreational level. This Program is designed to support the passion, commitment, and enjoyment of all its participants. The only requirement to play in this league is to have some skating experience and the promise to have fun!

Participating Centres

Teams come from: Ayr, Cambridge, Grand River, Guelph, Central Perth, Stratford, Twin Centre, Waterloo, Wilmot, Woodstock, and Woolwich.

Travel from year to year will vary based on the number of participating centres per division and matchups made at the start of the season.

Schedules

On averages teams will have one game and one practice per week. There will be a minimum of 10 shared practices (or 5 full-ice or a combination of the two) and 10 games between October 1 and December 23.

At the end of this period, teams are ranked by points and will be pooled according to standings. The schedule for the second half of the season will be finalized and posted on-line by mid January.

The second half of the season will includes playoffs. The top four teams in each pool will play one semi-final game. The winners from these games will advance to the Kitchener Girls Local League Championships at the end of March.

The week of March Break is blocked off with no games being played during this time.

2025-2026 PRE- SEASON SESSIONS

Pre-Season Sessions

Players are asked to participate in Pre-Season Sessions in September so that coaches can ensure teams are balanced with players of all skill levels.

Check-in

- Please ensure you have filled out and sent in your players code of conduct form and Rowans Law form. If you have not, you will need to fill this out before being allowed on the ice for your first skills session
- Check in at the desk in the lobby. Your daughter will be provided a temporary jersey at the first pre-season session.
- Please inform us of your daughter's shirt number and colour at subsequent sessions.

Exhibition Arena

U9 Only:

**Sept 5th and 12th at 5pm
and 6th and 13th at 12pm**

U7 & U 9

@ 5:00 pm Sept 19 & 26
@ 12:00 pm Sept 20 & 27

U11

@ 6:00 pm Sept 12 & 19
@ 1:00 pm Sept 13 & 20

U13

@ 7:00 pm Sept 12 & 19
@ 2:00 pm Sept 13 & 20

U15

@ 8:00 pm Sept 12 & 19
@ 3:00 pm Sept 13 & 20

West End

U18

@ 9:15 pm Sept 14 & 21

September

- Teams formed
- Scheduling takes place
- may have a first practice
- Try a Goalie sessions

October

- October 4th first KGLL game

November

- U9 start half ice games
- DS Tryouts take place

December

- Cripps Tournament

January

- Teams are placed into pools
- Scheduling for 2nd half
- U9 on full ice
- U7 games commence on half ice

March

- DS Tournament
- Semit Finals
- KGLL Championship Day
- GGHA House League Day

Season at a Glance

Development Stream

- DS (Development Stream) is an add-on program. Girls will tryout
- for this team and can participate in 8 exhibition games and 3
- tournaments. Teams participate in 8 exhibition games and up to 3
- tournaments. We expect to be running full DS programs at all levels
- this year so please stay tuned for more information. DS tryouts will
- be in early November. DS season starts December 1st

Photo Day!

Bring your smiles. Every player will receive an individual and team photo. Date will be announced in September

Head Coach

- Coach 2 -Coach Level
- Respect in Sports – Activity Leader or Speak out
- Background Check via Centralized Screening Portal
- Ramp Registration – to sign waivers – Hockey Canada, OWHA & Rowan's Law

Assistant Coach

- Coach 2 – recommended but not enforced
- Respect in Sports – Activity Leader or Speak out
- Background Check via Centralized Screening Portal
- Ramp Registration – to sign waivers – Hockey Canada, OWHA & Rowan's Law

Trainer

- HTCPL Level 1
- Respect in Sports – Activity Leader or Speak out
- Background Check via Centralized Screening Portal
- Ramp Registration – to sign waivers – Hockey Canada, OWHA & Rowan's Law

On Ice Helper

- Respect in Sports – Activity Leader or Speak out
- Background Check via Centralized Screening Portal
- Ramp Registration – to sign waivers – Hockey Canada, OWHA & Rowan's Law

Den Mom

- Respect in Sports – Activity Leader or Speak out
- Background Check via Centralized Screening Portal
- Ramp Registration – to sign waivers – Hockey Canada, OWHA & Rowan's Law



BENCH STAFF

Volunteer:

If you are interested in volunteering, please go online and let us know what you can do to help our daughters have a great experience this year.

[Click here for team staff application](#)

Reimbursements from the GGHA

The GGHA is committed to the development of our Coaches, Trainers and other Team Staff. Please see below for the reimbursement allotments.

- Speak Out/ Respect in Sport: Reimbursement 100%
- Coaching Certification: Reimbursement 50%
- Trainer HTCP 1: Reimbursement 75%

Coach Qualifications:

Here is the link to register for any coach qualification that you may need. If you have any problems finding a clinic, please let me know and I can help you with that.

OWHA - <https://www.owha.on.ca/content/coaching-clinics>
Hockey Canada - <https://register.hockeycanada.ca/clinics>

Trainer Qualifications:

Trainer qualifications are good for 3 years and expire on August 31 of the 3rd year. If you have your certification and it is going to expire, you can take a refresher course. Please note: to register for the refresher course, it must be done before the August 31 expiry date, and must be completed by Oct 31st.

Here is the link to register for the full trainer course and the refresher -
<https://page.spordle.com/hockey-trainer-ontario/clinics/1eec6ba8-60ae-6f68-8fd6-062a1ab93798>

NEW Background Check Process

The process for background checks has changed this year. Background checks will now be submitted to the OHF for processing.

[Click here](#) for the link to the OHF's information on the new screening portal.
[Click here](#) if you require a letter to obtain your background check.

If you need any help submitting your information to the OHF, please send me your documents, and I can upload them for you.

Respect in Sports

Every volunteer working with the team, coaches, trainers, managers, on ice helpers and den moms are required to complete the Respect in Sports – Activity Leader course. You only need to take this course once.

[Click here](#) for the URL to complete your course.

Mandatory for all team staff

Spordle My Account

To upload your background check information, and to take any clinics to complete your qualifications, you will need to create a Spordle My Account. This is a gateway into the Hockey Canada database.

[Click here](#) for a video on how to create a Spordle My Account.

[Click here](#) for the URL to create your account.

Ramp Registration

Each volunteer on a team must register on Ramp to sign the waivers.

[Click here](#) for Ramp URL [Click here](#) for video on how to register as a team volunteer.

Guelph Storm Games!

**GGHA Day at the Guelph Storm game: Sept 26,
Nov 5 and Nov 28**

Please come out and join us!

*Discount tickets are available all season long!
Contact info@ggha.com for more information*

SEE YOU AT THE RINK!

