Guelph Girls Hockey Association

MEMBER NEWSLETTER

JULY 2016

GGHA is Nominated for the Guelph Mercury Tribune Reader's Choice Awards!

The Guelph Girls Hockey Association has been nominated for a Guelph Mercury Tribune Reader's Choice Award!



The top 15 nominees will move to the voting round, which takes place between August 16th and 25th.

Check the website by clicking the logo to the left. If the GGHA has moved into the voting round, we would be honoured to receive your vote!

Dates and information for upcoming mouthguard clinics—see page 3!

The First Shift: Registration now open



Join the GGHA Board!

The GGHA has a number of open positions on the Executive. Please consider joining the Board in one of the following roles:

Director of Rep Hockey (Rep Convener)
 Attend OWHA and LLFHL meetings and liaise
 between rep players, coaches, GGHA Board

- Fundraising & Sponsorship Director
 Coordinate Sponsorship and Fundraising efforts throughout the association
- Member-at-Large

Attend and contribute to GGHA Board Meetings and activities

If you have any questions or are interested in any of the above roles, please e-mail: board@ggha.com

The GGHA is excited to once again offer The First Shift, a learn-to-play program that allows kids aged 6-10 who have never played hockey a convenient, affordable and fun way to learn the sport. Children enrolled in The First Shift participants will attend 6 sessions, beginning November 2nd, to be held on the same day, at the same time and at the same location each week, making the program convenient for parents to schedule. The focus of the on-ice sessions is fun, teaching kids basic skating and fundamental hockey skills through play. After the 6 week program, participants will be able to register for a special GGHA *FUNdamentals*



program that will run January through March (for an additional fee).

The First Shift offers incredible value as the \$199 registration fee includes not only the program enrollment, but also head-to-toe BAUER equipment, which participants get to keep at the end of the session. Our Welcome event (equipment pick up) will be held on Sunday October 23rd from 10am -12pm (location TBD).

To register for this exciting program, please visit: <u>www.TheFirstShift.ca</u>

House League News

2016-2017 House League Registration NOW OPEN!

House League Registration is now open at: <u>https://ggha.com/Pages/1010/House League/</u> Please Note:

- Midget and Intermediate House divisions will be a combined group
- Members who were NOT registered with the GGHA in the 2015-2016 season are required to submit one copy of proof of age document (e.g. birth certificate, passport)
- Registration fees must be received prior to the first on-ice session

Registration Fee Discounts

The GGHA offers a number of registration discounts:

Family Discount: Families will now receive \$100 off their registration fees for each additional child. If you have daughters in both House and Rep Leagues, please

House Fees:	On or Before August 15th	After August 15th
FUNdamentals	\$200	\$200
Novice	\$550	\$600
Atom	\$550	\$600
Peewee	\$550	\$600
Bantam	\$550	\$600
Midget	\$375	\$425
Intermediate	\$375	\$425

contact the Registrar before completing the online registration (you do not need to contact the Registrar if your daughters only play in House League or only in the Rep League).

Refer a Friend Discount: Do you have a friend that wants to try hockey? Receive a \$50 refund for referring a friend that is new to the GGHA. Email the GGHA Registrar (registrar@ggha.com) with your friend's name, and once they have completed their registration, a refund will be applied to your account.

Goalies:

New Goalies: If this is your first time playing this position and you play as a goalie for 80% of the time, you can get a refund for your registration fee (minus \$100 admin fee) at the end of the season. Sign off from your coach and our House Director is needed.

Returning Goalies: If you play as a goalie for 80% of the season, you can get a refund of 50% of your registration fee at the end of the season. Sign off from your coach and our House Director is needed.

New for the 2016-2017 season: Bantam Division to join the Kitchener Girls' Local League

Starting this season, Bantam division teams will join the Kitchener Girls' Local League, allowing them to compete against a wider array of opponents.

This is an exciting development for the association, particularly in light of the overwhelmingly positive feedback from last year's participants in the KGLL, from Novice to PeeWee.

More details to come in the September newsletter.

House League Volunteers Needed!

The Guelph Girls Hockey Association is made up of volunteers —hundreds of volunteer hours go into each and every season and the association is always looking for help. Our House League program is currently seeking volunteers for the following roles for the 2016-2017 season:

- Local League Liaison (KGLL)
- House League Division Conveners: Novice, Atom, PeeWee and Midget Divisions
- Coaches (deadline of August 1st), Trainers and Team Staff

If you have any questions or are interested in any of these roles, please contact Stephen Purves, House League Director at: house@ggha.com or complete the <u>online</u> House League Team Staff Application.

Rep League News

GGHA Winter Classic Tournament Registration—NOW OPEN!

Registration is now open for the 18th annual GGHA Winter Classic , which will run from December 8th—11th 2016. Coaches, Managers and Parents—be sure to promote this very popular tournament to your contacts. Participants have a 4 game guarantee and the Novice and Atom Divisions will once again take part in the Skills Competition on Saturday December 10th.

More exciting details to be announced in the September Newsletter.

Reminder: Concussion Baseline Testing

Concussions are brain injuries caused by the impact of the brain with the inside of the skull. The GGHA joins Hockey Canada in its mission to reduce concussions in hockey through a variety of measures, including education, awareness, skill development and rule enforcement.

Rep Players at the PeeWee and older levels are required to complete the Concussion Baseline Testing before they will be permitted to participate in team activities for a given season.

For more information, visit <u>https://ggha.com/</u> Pages/4536/Concussion Protocol /

Rep League Registration now open

Players on Rep teams are asked to complete their registrations as soon as possible to allow the association ample time to finalize the official rosters with the OWHA before the season begins. The earlybird registration discount of \$50 (Novice through Midget Divisions) ends on July 30th, so don't delay.

A reminder that new Members who were NOT registered with the GGHA in the 2015-16 season are required to submit one copy of proof of age document (e.g. birth certificate, passport).

Full details regarding the Registration process including the fee structure for Players and the special rates for new and returning Novice and Atom goalies — are available on the <u>Rep League Registration page</u>.

Upcoming Mouthguard Clinics

August 17th, 2016 (4—7pm): 8th Annual Charity Mouthguard Clinic at the Speedvale Dental Centre (218 Speedvale Ave East)

- \$20 cash only donation for a custom-fit *Proform* mouthguard
- 100% of proceeds go to charity (Guelph Storm Adopt-a-School and the Tim Horton's Children's Foundation)
- several Guelph Storm Players will be in attendance!

Saturday September 10th, 2016 (9am—12pm): Waterloo Wellington Dental Society and Jain Dental Care present their annual mouthguard clinic at the Evergreen Seniors Centre, 683 Woolwich Street

 \$30 cash for a custom-fit, lab-prepared, sameday mouthguard

Director of Rep Hockey (Rep Convener) needed immediately!

The GGHA requires a Rep Convener—to commence duties as soon as possible. Primary responsibilities include:

- attending OWHA and LLFHL meetings
- liaising between the GGHA Board, Rep players, parents and coaches as necessary
- participating in GGHA Board meetings and activities

This position is integral to the success of our Rep Program. If you are interested in this role or would like further information, please email: board@ggha.com

Guelph Girls Hockey Association

Board News

Have you seen the bus?

Look closely the next time you see a Guelph Transit bus—you just might spot the latest advertisement for the GGHA!

Just one of the many ways the association is reaching out to the community to promote the sport and increase registrations.

A Message From GGHA's President

On behalf of the GGHA, I would like to thank the following retiring board members for their contributions to our organization over the past number of years. Your hard work and dedication to the association is greatly appreciated.

- Renata DeForest Director of Rep Hockey (Rep Convener)
- Jeff Wereley Director of Hockey Operations
- Geoff Woolley Tournament Director
- Julie Howden Member-at-Large

Yours sincerely, Kevin Lomax *President- GGHA*

Mission & Vision

The GGHA is dedicated to providing a fun environment for females to develop self-esteem and confidence through hockey, by promoting team work, a strong work ethic and athletic commitment, which develops all members to be the best they can be as players, team mates, and leaders for now and for the future.

If you have comments or suggestions for our upcoming issues, please email: communications@ggha.com



EXCLUSIVE SHOPPING DAYS at Pro Hockey Life in Kitchener

Pro Hockey Life at 50 Sportsworld Crossing in Kitchener invites ALL GGHA families to save 20% off merchandise (excluding items already marked down) between August 5th and August 7th, 2016.



Simply click the image and print the attached coupon to bring when you shop.

Pro Hockey Life staff are also able to answer any questions you may have about how to find the right fit for your equipment.

Our thanks to Pro Hockey Life for their generous support of the GGHA.

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General inquiries : info@ggha.com To contact the GGHA Board: board@ggha.com



WE'RE ON THE WEB! ggha.com