

# MEMBER NEWSLETTER

NOVEMBER 2016



## **Rogers Hometown Hockey is coming to Guelph!**

Guelph will be the place for all things hockey on April 1 & 2, 2017. There will be a number of events, contests ("Cheer Like Never Before") and other exciting activities leading up to and during the weekend. The event culminates with a screening of the NHL Vancouver vs San Jose game on Sunday evening.

The GGHA will have opportunities to get involved in many ways - keep checking the website for updates! In the meantime, we are looking for stories, good quality photos and videos about the GGHA and our members. We're also looking for suggestions for the "Hometown Must" - what makes Guelph unique and what is the 'must do' for any visitor? For a look at what other cities are doing check out:

<http://www.hometownhockey.com/>

Questions? Photos? Story ideas? Contact Sandra Pitts at [spitts@rogers.com](mailto:spitts@rogers.com)



## **Important information: Arena usage at Victoria Road during construction (2016-2017 season)**

Victoria Road Arena is now open for practices as construction continues at the facility. Please review the city's Arena Usage guidelines prior to your practices at this location. The document outlines where and how to access the arena, when the change rooms will be available before an ice time, parking, and other important safety information.

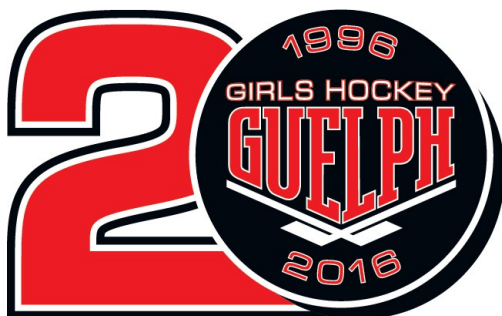
It is imperative that our members adhere to the rules set in place (in particular regarding the gates which may be erected between the entrance/exit and the change rooms when the Zamboni is on the ice).

[Click here](#) to read the full 'Arena Usage' document, provided by the city of Guelph.

## **Picture day is Sunday December 18th**

Get your smiles ready! The picture day schedule will be posted soon at [ggha.com](http://ggha.com).

**Did you know? The GGHA is celebrating its 20th anniversary this season!**



## **Preferred rates for GGHA members at Guelph Performance Therapy!**

Guelph Performance Therapy is pleased to offer preferred rates to GGHA players for Athletic Therapy services. Preferred rates for Registered Massage Therapy Services are offered not only for players, but also their families. See their [promotional flyer](#) for full details—online booking is available!

Guelph Performance Therapy, located in *Moves Fitness*  
175 Dawson Road | Guelph | ON | N1H 1A2  
226-343-6311 [www.GuelphPerformanceTherapy.com](http://www.GuelphPerformanceTherapy.com)

## House League News

### House League Update

It is hard to believe that it is already mid-October! Our Local League and House League teams have all had a chance to play their first few games of the season with lots of good results to date.

The Fundamentals group had their first ice time on Saturday, October 15th. Mike Robertson, who brings several years of skills development experience to the Fundamentals program, is leading the Fundamentals sessions this season. I am sure our Fundamentals players will improve greatly over the course of the season and will have lots of fun along the way.

We are also very busy preparing for the upcoming Development Stream (DS) tryouts which being in early November (see below for dates, times and locations). For those who are interested, the DS teams are a great way for players to get in some extra ice time. DS teams are allowed to play up to 8 games and enter 3 tournaments (GGHA hosts their own DS tournament in January). I would encourage all LL players to come out to the DS tryouts for their age group. For the 2016-2017 season, the DS teams will be coached by:

Josh Richardson - Novice  
Lee Oldham - Atom  
Mike Henley - Peewee

Stephen Purves  
GGHA—House League Director

### DS Team Tryout Dates, Times and Locations

Novice DS Tryouts:

Saturday, Nov 5th, 5:00-6:00 PM, Exhibition  
Saturday, Nov 12th, 6:00-7:00 PM,  
Exhibition

Atom DS Tryouts:

Monday, Nov 7th, 6:30-7:30 PM, Victoria  
Road Arena  
Thursday, Nov 10th, 6:00-7:00 PM,  
University of Guelph - Red

PeeWee DS Tryouts:

Saturday, Nov 5th, 4:00-5:00 PM, Exhibition  
Monday, Nov 7th, 5:00-6:00 PM, University  
of Guelph - Red

Note : Tryouts are \$10 PER session

[Click here to register](#)

### Mid-season mouthguards

If you need to replace a lost or damaged mouthguard during the season, try calling your family dentist. Many are able to make mouthguards in their office or can prepare the impressions needed and have them sent to a lab to create a new mouthguard.

Two local dentists offering mouthguard services are:

Harvard Rd Dental Care – the office can prepare your new mouthguard for \$30. Call 519-824-0810 or [click here](#) to make an online appointment request.

Dr Urszula Barrios—offering promotional prices of \$45 (black) and \$60 (colour) for GGHA families. Call 519-767-6453 to make an appointment and be sure to mention that you are a GGHA member.

### GGHA DS Invitational Tournament Registration is open

Plans for the DS Invitational Tournament are well underway. The tournament will be held on January 7th and 8th, 2017 and many divisions are filling up fast!

Be sure to check the [tournament website](#) regularly for updates and information. Inquiries can be directed to: [tournament@ggha.com](mailto:tournament@ggha.com)

### GGHA's Winter Classic Tournament is just around the corner!

The Winter Classic Tournament will run from December 8th—11th throughout the city of Guelph. A number of divisions have already filled and others are filling up fast! Please come out and cheer each team on as they all go for gold. The always popular Novice and Atom Skills competition will be held Saturday December 10th.

This year, the Winter Classic will run a 'Team Food Drive' for the Guelph Food Bank on the tournament's opening day, Friday December 9th. Teams will be asked to drop their donations off at the West End Recreation Centre and will be eligible to win one of two exciting prizes: a *Boston Pizza* pizza party, to be held during the tournament weekend, or a \$250 team gift card for *Shoeless Joe's*. The GGHA thanks these local establishments for their support of the association and our Winter Classic Tournament.

### Bantam B team— seeking goalie

Our Bantam B team is looking for a goalie. Please contact Head Coach [Kevin Lomax](#) if you are interested in this position.

### 'Call for Coaches' coming soon for the 2017-2018 season.

Information will soon be available on the [GGHA website](#) regarding Coaching Applications for the 2017-2018 season.

While still in the early stages, the GGHA is currently investigating the possibility of adding a Novice A team to the Rep program for the 2017-2018 season.

Further details will be posted on [ggha.com](#) as they become available.

### Midget AA 'Run for the Cure' Fundraising Success!

The Guelph Jr Gryphons Midget AA team spent the month of September raising money for breast cancer awareness, surpassing their initial goal by over one thousand dollars and raising a total of \$2500!

Amongst their fundraising efforts, the team participated in Guelph's 'Run for the Cure', where they were one of the top ten fundraising teams. Shout out to coach Josh for finishing third in the run and to Kyle for being the first player to cross the finish line!

The Midget AA girls continued their efforts through the month of October and will face off against the Kitchener Lady Rangers for the [Pink in the Rink Game on October 30th](#).

Congratulations to all of the girls for participating! Well done, Gryphons!



**Gryphons Run for the Cure!**



## Board News and Accomplishments

### Bantam BB Wins Gold in St. Thomas

Hockey captures the essence of Canadian spirit, and the Guelph Jr. Gryphons Girls Bantam BB team exemplified that at the St Thomas Big Cat pre-season showcase in late September. This tournament was this first big test for this new group of girls and they rose to the occasion and represented Guelph well.

Please join us in congratulating the Bantam BB girls for their outstanding play and their success in the St Thomas tournament. Go Guelph Go!

Click here to [read the full tournament recap](#).  
*Submitted by Rick Pacan, Bantam BB*



### Mission & Vision

The GGHA is dedicated to providing a fun environment for females to develop self-esteem and confidence through hockey, by promoting team work, a strong work ethic and athletic commitment, which develops all members to be the best they can be as players, team mates, and leaders for now and for the future.

If you have comments, suggestions or accomplishments for our upcoming issues, please email: [communications@ggha.com](mailto:communications@ggha.com)

### Welcome to our newest Board Member!

Please join the GGHA board in welcoming Michelle Lee to the role of 'Director of Fundraising and Sponsorship'.

The position of 'Member-at-Large' is still open—if you are interested in joining the GGHA board, please e-mail: [board@ggha.com](mailto:board@ggha.com)

### Congratulations PeeWee B! Gold Medal win at the Markham-Stouffville Starsfest tournament in September!

Click here to [read the full tournament recap](#).



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Guelph ON N1H 2Y6

General inquiries : [info@ggha.com](mailto:info@ggha.com)  
To contact the GGHA Board:  
[board@ggha.com](mailto:board@ggha.com)



WE'RE ON THE WEB!  
[ggha.com](http://ggha.com)